



**TRISTAR**  
**SWITZERLAND**   
RORSCHACH INTERNATIONAL TRIATHLON

# CERTIFICATE

15.Juli 2018

**Adrian Messmer**

**SWIM:**

00:30:02

**BIKE:**

03:55:49

**RUN:**

00:52:38

**OVERALL RANKING:**

116. Man

**TOTAL:**

05:27:04

**CATEGORY RANKING:**

20. in M45

