



**TRISTAR**  
**SWITZERLAND**  
RORSCHACH INTERNATIONAL TRIATHLON

# CERTIFICATE

15.Juli 2018

**Jens Frommhold**

**SWIM:**

00:17:46

**BIKE:**

03:03:11

**RUN:**

00:37:06

**OVERALL RANKING:**

13. Man

**TOTAL:**

04:00:06

**CATEGORY RANKING:**

9. in MPRO

